“If this problem is to be solved there must be a sort of divine discontent all over this nation...

I must say to you this evening, my friends, as I come to a close, that there are some things in my own nation, and there are some things in the world, to which I am proud to be maladjusted and to which I call upon all men of goodwill to be maladjusted until the good society is realized. I must honestly say to you that I never intend to become adjusted to segregation, discrimination, colonialism and these particular forces. I must honestly say to you that I never intend to adjust myself to religious bigotry. I must honestly say to you that I never intend to adjust myself to economic conditions that will take necessities from the many to give luxuries to the few. I must say to you tonight that I never intend to become adjusted to the madness of militarism and the self-defeating effects of physical violence...

You see, it may well be that our whole world is in need at this time for a new organization—the International Association for the Advancement of Creative Maladjustment—men and women—men and women who will be as maladjusted as the Prophet Amos, who in the midst of the injustices of his day could cry out in words that echo across the centuries, "Let justice roll down like waters and righteousness like a mighty stream";

In spite of the difficulties of this hour, I am convinced that we have the resources to make the American dream a reality. ... I am convinced of this because I believe Carlyle is right, "No lie can live forever." I am convinced of this because I believe William Cullen Bryant is right, "Truth crushed to earth will rise again." I am convinced of this because I think James Russell Lowell is right, "Truth forever on the scaffold, wrong forever on the throne." Yet that scaffold sways the future...

Somehow with this faith we will be able to adjourn the councils of despair and bring new life into the dark chambers of pessimism. With this faith, we will be able to transform the jangling discords of our nation to a beautiful symphony of brotherhood."

- Dr Martin Luther King Jr,

LISTEN https://youtu.be/t2vD1skiz80?t=2552 QUESTION: How are you creatively maladjusted? What can you personally do to help transform your community's jangling discords to something symphonic?

Hope is not a lottery ticket you can sit on the sofa and clutch, feeling lucky. It is an axe you break down doors with in an emergency. Hope should shove you out the door, because it will take everything you have to steer the future away from endless war, from the annihilation of the earth's treasures and the grinding down of the poor and marginal... To hope is to give yourself to the future - and that commitment to the future is what makes the present inhabitable.”
- Rebecca Solnit from: Hope in the Dark

QUESTION: What do you most hope for? How are you actively moving towards this hope?

“What people resist is not change per se, but loss.”

QUESTION: Is there something you or your community may fear losing as they move towards the change you've committed to? Is there something you can do address or assuage that fear/loss?

"...In the story of reconciliation, we still win, just not at anybody else's expense. - Unknown

QUESTION: What do settlers and/or immigrants have to gain from true reconciliation with First Nations people?

(In) Just Intercultural Community (e)ach is able to be fully themselves, while at the same time shaped by the other and the gifts of the other and equally able to shape or co-create the wider “boundaries”... This is full “Integration of Difference” - EXCERPT from: Engage Difference Manual, Forum for Intercultural Leadership and Learning of the Canadian Council of Churches

QUESTION: Where in your community are you equally and mutually shaped by the other? Where and how might you strive for the mutual co-creation of Just Intercultural Community?

How to be a white anti-racist ally: RACE Method demonstration Dr David Campt, The Dialogue company LLC – WATCH:
https://youtu.be/bTCyznesdoY

QUESTION: Is there a person or situation in your life where being prepared to engage with others using this technique might prove helpful?
"It's a system. It's not broken. It's working the way it's designed to work."

**We're not dealing with bad apples, we're dealing with a rotten tree** - Trevor Noah, The Daily Show

WATCH: [https://twitter.com/TheDailyShow/status/1382468962290601986](https://twitter.com/TheDailyShow/status/1382468962290601986)

QUESTION: What kind of systemic change can we advocate for in the justice system? How can we advocate for meaningful change in this system?

I think America must see that riots do not develop out of thin air. Certain conditions continue to exist in our society which must be condemned as vigorously as we condemn riots. But in the final analysis, a riot is the language of the unheard. And what is it that America has failed to hear? It has failed to hear that the plight of the Negro poor has worsened over the last few years. It has failed to hear that the promises of freedom and justice have not been met. ... in a real sense our nation's summers of riots are caused by our nation's winters of delay. And as long as America postpones justice, we stand in the position of having these recurrences of violence and riots over and over again. Social justice and progress are the absolute guarantors of riot prevention. - MLK


"We are a gentle angry people and we are singing. Singing for our lives."

**Singing for Our Lives** – Holly Near et al

LISTEN: [https://youtu.be/tuVN52g22rU](https://youtu.be/tuVN52g22rU)

"The church owes you an apology. And as much as I can embody that, I want to say I'm sorry for your experience" - Pastor Noah Helper openly gay leader of the Evangelical Lutheran Church of the Atonement, PA

**Queer Eye, Season 5, Episode 1**

"The solution doesn't really have anything to do with women at all" **Trevor Noah Discusses The Male Role In Violence Against Women** – Comedy Central UK.

WATCH: [https://youtu.be/BDvrSWNmNng](https://youtu.be/BDvrSWNmNng)

"When you've got 400 quarts of greens and gumbo soup canned for the winter, nobody can push you around or tell you what to say or do."

- Fannie Lou Hamer, quoted by Leah Penniman, Co-Founder/Director of Soul Fire Farm in her Uprooting Racism, Seeding Sovereignty address for the Annual E. F. Schumacher Lecture Series, Schumacher centre for a new economics. FIND OUT MORE: [https://www.soulfirefarm.org/food-sovereignty-education/uprooting-racism/keynote/](https://www.soulfirefarm.org/food-sovereignty-education/uprooting-racism/keynote/)

QUESTION: How might you create/support food security and sovereignty in your community?

8 Forms of Capital and Why They Matter, Sam Sycamore, ecologist, Good Life Revival

READ/LISTEN [https://thegoodliferevival.com/blog/eight-forms-of-capital](https://thegoodliferevival.com/blog/eight-forms-of-capital)

QUESTION: What is a living wage in your area? Are you in a position to make sure your staff/volunteers/coworkers earn a living wage? If their monetary compensation falls short of that mark, are you able to offer free goods or services they need, whose fair value amounts/supplements to a living wage?

Our "normal" pre pandemic wasn't working for the vast majority of us. Let's heed and honour calls to confront and repair the flaws and injustices laid bare and exacerbated by this past year by not returning to business as usual and waiting for the next crisis to hit. "Building back better" and a "just recovery for all" is best achieved by local control over land and essential needs. Policing and other emergency services provided by officers, EMT and aid workers who live where they work and are accountable to community oversight. The end of MZOs (etc) that allow government to skirt public consultations, First Nations' dissent and environmental laws. Local community gardens, farms, CSAs and farmers markets, local renewable energy stations, affordable and cooperative housing - for all incomes and configurations - including tiny homes. All developed, controlled and maintained by the people who use them and live in the community - earning a living wage. - Niki Andre

"I'm now convinced that the simplest approach will prove to be the most effective—the solution to poverty is to abolish it directly by a now widely discussed measure: the guaranteed income." - MLK

WATCH: https://www.ted.com/talks/david_lammy_climate_justice_can_t_happen_without_racial_justice?utm_campaign=tedspread&utm_medium=referral&utm_source=tedcomshare&fbclid=IwAR05aDUQcwrNF1Gmd2HfmecLCvy15RkkKwh1viFVQcSJ4_VZkM2pxL-g8

The Impossible Has Already Happened. What coronavirus can teach us about hope. The word “crisis” means, in medical terms, the crossroads a patient reaches, the point at which she will either take the road to recovery or to death. The word “emergency” comes from “emergence” or “emerge”, as if you were ejected from the familiar and urgently need to reorient. The word “catastrophe” comes from a root meaning a sudden overturning. We have reached a crossroads, we have emerged from what we assumed was normality, Things have suddenly overturned. One of our main tasks now – especially those of us who are not sick, are not frontline workers, and are not dealing with other economic or housing difficulties – is to understand this moment, what it might require of us, and what it might make possible.

A disaster (which originally meant “ill-starred”, or “under a bad star”) changes the world and our view of it. Our focus shifts, and what matters shifts. What is weak breaks under new pressure, what is strong holds, and what was hidden emerges. Change is not only possible, we are swept away by it. We ourselves change as our priorities shift, as intensified awareness of mortality makes us wake up to our own lives and the preciousness of life.


QUESTION: How has your focus and priorities changed during the pandemic? How do you plan to maintain these new priorities and we emerge from this experience?

“Take the first step in faith. You don't need to see the whole staircase, just take the first step.”
– Martin Luther King Jr.