

# On Change

Here's a package of some perspectives on the kind of social change our communities need now. Sit with ALL of these questions over the next few weeks. Come to the session ready to speak about how you answer them and the insights that arose for you as you considered them, along with the materials in the package.

1. Of the many issues we've explored in the last few months was there one problem that especially called to you or that you feel especially well suited to help solve and/or address? Why?
2. What is one first step you personally can commit to doing, now, that helps bring about this change?
3. Do you have an accountability partner to share this commitment with and to check in with on your progress? If not, choose one now. Reach out to them about your plan to take this first step and set a time to check in on how it's going. Then *take that step*. Report back to them – then us - on how have things gone so far.
4. Considering the various communities you belong to (e.g. your neighbourhood, congregation, ministry, school system, place of work, etc) and your position within them, what's one action you & your community can collectively commit to take now to help move the needle on this issue in your circle and/or our society at large? What first step do you need to take, now, to help your community bring about this change? Take that step; make that call. Report back on how have things gone so far.
5. What kind of help/support do you need or anticipate needing to take the next, 2<sup>nd</sup>, step?